

# Employee Benefits Fair

Sponsored by the Office of Human Resources

Date: Wednesday, October 4, 2017  
Location: Center for the Arts, 1P Atrium  
Time: 11:00 AM-2:00 PM

## Health and Wellness participants:

- **FREE Flu Shots administered by Affiliated Physicians**
- Blood Pressure Screening
- WorkWell NYC
- Acupuncturist
- CUNY's Work/Life Program-Deer Oaks
- ESCAPE Program- Bureau of Tobacco Control (Smoking Cessation)
- Staten Island Breast Cancer Research Initiative (SIBCRI)
- Brooklyn College Speech & Hearing Center
- Weight Watchers



## Health Insurance Plans & Welfare Funds, Retirement Plans and Financial Providers:

- Health Plans (GHI, MetroPlus, HIP HMO, Aetna)
- Social Security Administration/Medicare
- PSC/CUNY & DC 37 Welfare Funds
- Davis Vision
- Guardian Dental
- Tax Deferred Annuities- DCP 457 Plan, TIAA CREF, NYC Teachers Retirement System
- Municipal Credit Union (MCU)
- Sovereign Bank

### Breakout Seminar

**\*\* Workshops will be held in Bldg. 1P, Room 116 Conference room\*\***

#### Time:

#### Topic:

#### Presenter:

12:00pm-1:00 pm    Managing Workplace Stressors    Deer Oaks- CUNY's Work/Life Program

