



EMPLOYEE HEALTH & WELLNESS FAIR

Date: Wednesday, October 17, 2012
Location: Center for the Arts, 1P Atrium
Time: 10:00 AM-2:00 PM

Information is being provided in preparation for the annual New York City Fall Transfer Period.

- *Health Plans (GHI, Aetna, HIP, CIGNA, EMPIRE)*
- *Medicare*
- *Social Security Administration*
- *College Savings Plan (529)*
- *PSC/CUNY Welfare Fund*
- *Tax Deferred Annuities- DCP 457 plan, HRC, Metlife, TIAA CREF, Teachers Retirement System*
- *Municipal Credit Union (MCU)*
- *NYC Department of Health & Mental Hygiene*
- *ESCAPE Program- Bureau of Tobacco Control (Smoking Cessation)*



Breakout Seminars

***There will be two 1 hour workshops in Bldg 1P, Room 116 Conference room.*

<u>Time:</u>	<u>Topic:</u>	<u>Presenter:</u>
<i>12:00-1:00pm</i>	<i>Thinking about Retirement?</i>	<i>METLIFE</i>
<i>1:15pm -2:15 pm</i>	<i>Creating Work Life Balance</i>	<i>EAP</i>

Sponsored by the Office of Human Resources

