

# Employee Health & Wellness Fair

Sponsored by the Office of Human Resources

**Date:** Wednesday, October 8, 2014

**Location:** Center for the Arts, 1P Atrium

**Time:** 11:00 AM-2:00 PM

Information is being provided in preparation for the annual NYC Fall Transfer Period.

- Health Plans (GHI, Aetna, HIP, EMPIRE)
- Social Security Administration/Medicare
- College Savings Plan (529)
- PSC/CUNY Welfare Fund
- Tax Deferred Annuities- DCP 457 plan, Halliday Financial, Metlife, TIAA CREF, Teachers Retirement System (TRS)
- Municipal Credit Union (MCU)
- Sovereign Bank
- ESCAPE Program- Bureau of Tobacco Control (Smoking Cessation)
- Staten Island Breast Cancer Research Initiative (SIBCRI)
- Brooklyn College Speech & Hearing Center



## Breakout Seminars

**\*\* Workshops will be held in Bldg. 1P, Room 116 Conference room.**

**Time:**

12:00 p.m. -1:00 p.m.

**Topic:**

Motivation – Bringing out the Best

**Presenter:**

Corporate Counseling 116

