

# Recreational, Instructional & Special Events

## RECREATION

- **Game Room (1R-2nd floor) Hours (February 9-May 15)**  
Monday - Friday.....12:30pm - 5:30pm
- **Open Recreation (Aux Gym) Hours (February 2-May 13)**  
Mondays, Tuesdays, Wednesdays.....10:30am - 2:00pm
- **Open Play/Scrimmage Dates (for Sports Leagues prior to start date)**
  - > Flag Football, Tuesday, March 24 & 31, 2:30pm-4:30pm, Great Lawn
  - > 3on3 Basketball, Thursday, March 26 & April 2  
~ 2:30pm-4:30pm, Main Gym (1R)
  - > 5on5 Basketball, Friday, March 27 & April 3  
--5:30pm-8:30pm, Aux Gym (1R)
  - > Indoor Soccer, Monday, April 13, 5:30pm-8:30pm, Aux Gym (1R)

## INSTRUCTIONAL

- **Swimming Lessons (February 3-May 13) \*PG CLUE Certified\***  
Tuesdays & Wednesdays.....1:00pm - 2:00pm
- **Outdoor Tennis Lessons (March 30-May 11) \*PG CLUE Certified\***  
Mondays & Tuesdays.....3:00pm - 4:00pm

## SPECIAL EVENTS (FREE food & refreshments included for each event)

- **Students vs. Faculty/Staff (SvsFS) Sports Events \*PG CLUE Certified\***
  - > Wiffle Ball Game, Thursday, March 19 in the Aux Gym (1R)  
~ 2:30pm START, MUST register Online to play
  - > Flag Football Game, Thursday, April 23 on the Turf Soccer Field  
~ 2:30pm START, MUST register Online to play
  - > Softball Game & BBQ, Tuesday May 14 on the Softball Field  
~ 2:30pm START, MUST register Online to play
- **Hoops Challenge**
  - > 3 Point Shootout, Tuesday, March 17, 2:30pm-4:30pm, Aux Gym (1R)
  - > HotShotsContest, Tuesday, March 24, 2:30pm-4:30pm, Aux Gym (1R)  
~ Register online or in person the day of the event
  - > CUNY-Wide Intramural Championship Series  
~ email [intramurals@csi.cuny.edu](mailto:intramurals@csi.cuny.edu) with the subject line CUNY-Wide if interested in any of the following sports:
    - Bowling, Volleyball, Indoor Soccer, 3-on-3 Basketball, Kickball, 5K Run, Golf, and Special Olympics

# HOW TO REGISTER

## LEAGUES & TOURNAMENTS

1. Go to [www.csidolphins.com](http://www.csidolphins.com).
2. Go under the **Intramural & Recreation** tab and click on **Leagues & Tournaments**.
3. From there select desired sport league or tournament you wish to register for and fill out ALL information.

### PLEASE NOTE:

The password you will create is mainly for captains of team sports to be able to edit thier roster during the season. For individual sports the password is used to edit your profile if you wish.

## LESSONS

1. Registration for **BOTH** swimming & tennis lessons will be on a **FIRST COME, FIRST SERVE BASIS**.
2. Simply, show up on the **DAY OF THE LESSON** you wish to take and present your **CURRENT CSI ID** to the instructor and he/she will register you on the spot. You **MUST** have a **CURRENT CSI ID**.

### PLEASE NOTE:

The maximum number of participants allowed per lesson will be 12. The instructor **WILL NOT** allow any participants past 15 minutes of the start of the lesson, thus, **BE ON TIME**.

## SPECIAL EVENTS

1. Go to [www.csidolphins.com](http://www.csidolphins.com).
2. Go under the **Intramural & Recreation** tab and click on **Special Events**.
3. From there select desired Special Event you wish to register for and fill out ALL information.

**\*\*Prizes** for all leagues & tournaments include a championship T-shirt, trophies, name on IM championship plaque and (in most cases) gift cards(\$15-\$50)\*\*



February 2 - May 15



FUNDED BY STUDENT  
**ACTIVITY**  
FEES ★★

**CSI**  
INTRAMURALS  
& RECREATION

**Program Schedule**

Spring 2015

**Department of Athletics**

**1R-204**

**[www.csidolphins.com](http://www.csidolphins.com)**



# Department of Athletics, Intramurals & Recreation 1R-204

*Athletic Director*.....Charles Gomes  
*Associate AD/SID*.....David Pizzuto  
*Head Athletic Trainer*.....Joseph Abruzzo  
*Aquatics Director*.....Michael Ackalitis  
*Facilities Manager*.....Anthony Avena  
*Intramural Coordinator*.....Sal Caruso  
*Assistant AD for Student-Athlete Services*.....Rebecca Faulds  
*Assistant SID*.....Thomas Krychkowski  
*Assistant AD/Business Manager*.....Fran Mitiieri  
*Assistant Intramural Coordinator*.....Danny Goldman  
*Administrative Assistants*.....Lucille Davidson, Stacy Yurich

## Hours of Operation (Sports & Recreation Center - 1R)

Monday-Friday.....7:00am - 9:30pm  
 Saturday.....8:00am - 5:30pm  
 Sunday.....9:00am - 4:30pm

\*Hours always subject to change\*

Phone  
718-982-3150/60  
Website  
www.csidolphins.com  
E-Mail(s)  
intramurals@csi.cuny.edu  
athletics@csi.cuny.edu

## Rules and Regulations

- 1) Everyone MUST have a valid updated CSI ID upon entering the building.
- 2) ONLY water is allowed in the gym. NO food or other drinks are permitted.
- 3) Absolutely NO fighting/excessive arguing allowed; if there are any altercations you will NOT be allowed to participate and may be ejected from the premises.
- 4) Proper attire is required to participate in ALL activities/amenities. There will be NO exceptions. You MUST wear sneakers, shorts or sweats. NO jeans, boots or dress shoes.
- 5) All activities/amenities are played at your own risk.

### FYI

February 12.....College CLOSED  
 February 16.....College CLOSED  
 February 18.....Monday's Schedule  
 April 3-11.....Spring Recess

# CSI Intramural Sports Leagues

- **Flag Football** (Men & Women, 3-week/strike season + 1-week playoff)
  - > League Starts/Ends: **April 14-May 5**
  - > Register Team (or Self) Online: **February 10-April 13**
  - > Game Day/Times: **Tuesday's 2:30pm-4:30pm**
  - > Location: **Great Lawn (grass area in between 1P and 3A)**
- **\*3-on-3 Basketball** (Men & Women, 3-week/strike season + 1-week playoff)
  - > League Starts/Ends: **April 16-May 7**
  - > Register Team (or Self) Online: **February 19-April 15**
  - > Game Day/Times: **Thursday's 2:30pm-4:30pm**
  - > Location: **Main Gym (1R)**
- **5-on-5 Basketball** (Men & Women, 3-week/strike season + 2-week playoffs)
  - > League Starts/Ends: **April 17-May 15**
  - > Register Team (or Self) Online: **February 20-April 16**
  - > Game Day/Times: **Friday's 5:30pm-8:30pm**
  - > Location: **Main Gym (1R)**
- **\*Indoor Soccer** (Co-Rec, 3-week season + 1-week playoff)
  - > League Starts/Ends: **April 20-May 11**
  - > Register Team (or Self) Online: **March 2-April 17**
  - > Game Day/Times: **Monday's 5:30pm-8:30pm**
  - > Location: **Aux Gym (1R)**

<See back page for information on **HOW TO REGISTER**>

\* = CUNYAC Intramural Championship Series Sport

# CSI Intramural Tournaments

- **Handball Tournaments in 1R (Sports & Recreation Center)**
  - > Thursday, February 19, 2:30pm-4:30pm (4-wall, singles)
  - ~ Register Online: **January 28-February 18**
  - > Tuesday, March 10, 2:30pm-4:30pm (1-wall, singles)
  - ~ Register Online: **January 28-March 9**
- **Table Tennis Tournament in the Game Room (1R-2nd floor)**
  - > Tuesday, February 24, 2:30pm - 4:30pm
  - ~ Register Online: **January 28-February 23**
- **Billiards Tournament in the Game Room (1R-2nd floor)**
  - > Thursday, February 26, 2:30pm - 4:30pm
  - ~ Register Online: **January 28-February 25**
- **Air Hockey Tournament in the Game Room (1R-2nd floor)**
  - > Tuesday, March 3, 2:30pm - 4:30pm
  - ~ Register Online: **January 28-March 2**
- **Badminton (Singles) Tournament in the Racquetball Court (1R)**
  - > Thursday, March 5, 2:30pm - 4:30pm
  - ~ Register Online: **January 28-March 4**
- **Racquetball Tournament in the Racquetball Courts (1R)**
  - > Thursday, March 12, 2:30pm - 4:30pm (Singles)
  - ~ Register Online: **January 28-March 11**
- **Tennis Tournament on the Outdoor Tennis Courts (behind tennis bubble)**
  - > Thursday, May 12, 2:30pm-4:30pm (Singles)
  - ~ Register Online: **March 30-May 11**
- **\*3-Week Volleyball Tournament in the Aux Gym (1R)**
  - > Wednesday's, April 15, 22, & 29, 5:00pm - 8:00pm
  - ~ Register Online: **March 2-April 14**
- **\*2-Week Kickball Tournament in the IM Softball Fields (next to turf soccer field)**
  - > Thursday's, April 30 & May 7, 2:30pm - 4:30pm
  - ~ Register Online: **March 2-April 28**

<See back page for information on **HOW TO REGISTER**>

\* = CUNYAC Intramural Championship Series Sport