

Employee Benefits Fair

Sponsored by the Office of Human Resources

Date: Wednesday, October 7, 2015

Location: Center for the Arts, 1P Atrium

Time: 11:00 AM-2:00 PM

Health and Wellness participants:

- **FREE Flu Shots**- must provide health insurance card
- Shape Up CSI-Employee Health/Wellness Program
- Blood Pressure Screening
- Pelvic Floor Expert
- Acupuncturist
- CUNY's Work/Life Program-Deer Oaks
- YMCA
- ESCAPE Program- Bureau of Tobacco Control (Smoking Cessation)
- Staten Island Breast Cancer Research Initiative (SIBCRI)
- Brooklyn College Speech & Hearing Center



Health Insurance Plans & Welfare Funds, Retirement Plans and Financial Providers:

- Health Plans (GHI, Aetna, HIP)
- Social Security Administration/Medicare
- College Savings Plan (529)
- PSC/CUNY & DC 37 Welfare Funds
- Tax Deferred Annuities- DCP 457 Plan, Halliday Financial, Metlife, TIAA CREF, TRS NYC
- McGraw Hill Federal Credit Union & Municipal Credit Union (MCU)
- Sovereign Bank

Breakout Seminars

**** Workshops will be held in Bldg. 1P, Room 116 Conference room.**

Time:

12:00pm-1:00 pm

Topic:

Planning for Professional Growth

Presenter:

Deer Oaks-EAP Services

