

AD NEWSLETTER

with Charles Gomes





October 2016

Dear Dolphin Fans,

Tonight is the night! The CSI Athletics Hall of Fame Class of 2016 will be inducted at The Vanderbilt at South Beach in Staten Island, New York. The Class of 2016 includes five student-athletes and one head coach who had standout careers in Dolphin uniforms; Jason Anarumo (baseball, 1994-97), Christina D'Arpa (softball, 2004-07), Tara Gagliardo (women's basketball, 1996-00), Ken Lam (men's basketball, 1968-70), David Paul (men's basketball, 1998-02), and Head Coach James Donlan (men's soccer, 1964-95). Formally recognizing the athletic achievements of the greatest student-athletes, coaches, and administrators in school history is one of my greatest honors as Director of Athletics. I hope to see a jam-packed room filled with our loyal alumni, parents, and friends as we celebrate our distinguished honorees. If you have not purchased your ticket, please contact David Pizzuto at 718-982-3169 or david.pizzuto@csi.cuny.edu.

The postseason is always a busy time on campus for our fall sports programs. Our men's soccer team finished the regular season in fourth place with a 5-2-1 conference record (11-6-2 overall) and defeated Brooklyn 3-1 in the CUNYAC quarterfinals at the CSI Soccer Complex. Our team hopes to return to the championship game for the second consecutive season and plays #1 Lehman at Brooklyn College in the semifinals on October 29 at 2:00 PM. Our women's soccer team finished the regular season with a 5-1 conference record (10-4-2 overall) and earned the second seed in the CUNYAC Postseason Tournament. Our team will look to repeat as CUNYAC champions and plays #3 Lehman at Brooklyn College in the semifinals on November 2 at 6:30 PM.

Our women's tennis team hosted the CUNYAC quarterfinals at the CSI Tennis Center and defeated #6 Hunter 5-0, before falling to #2 Lehman in the semifinals at the National Tennis Center in Flushing, NY. Our men's cross-country team will look to defend their conference crown and repeat as champions for the fourth year in a row and return to NCAA Division III Men's Cross-Country Regional Championship. Both men's and women's cross-country will compete in the CUNYAC Championship Meet at Van Cortlandt Park on October 30.

In a continued effort to reengage our former student-athletes, our men's and women's swimming and diving, baseball, and softball programs held Alumni Days and welcomed alumni back to campus. For men's and women's swimming and diving, it was the second annual Alumni Meet. Our baseball and softball programs combined efforts and hosted their first-ever Baseball and Softball Alumni Game at the CSI Baseball Complex. I look forward to hosting more alumni events in the future and bringing our former student-athletes back to campus.

As we continue to supplement our exceptionally talented staff, I am pleased to announce the hiring of Alyson Ocasio as our new head athletic trainer. Previously, Ocasio served as a certified athletic trainer and physician extender at Miami Orthopedics & Sports Medicine Institute at Baptist Health in Miami, FL. Ocasio will be responsible for all day-to-day training and rehabilitation of our student-athletes and our new strength and conditioning program established earlier this year. Ocasio also served as head athletic trainer at Moore Catholic High School in 2014-15 and a rehabilitation trainer at One-on-One Physical Therapy & Sports Rehabilitation from 2012-2015.

The 2015-16 academic year was another banner year both on and off the playing fields for our athletics department and I am excited to share our 2015-16 CSI Athletics Annual Report with you (click here)! As always, thank you for your continued support of CSI Athletics and Go Dolphins!

Charles Gomes

Director of Athletics, College of Staten Island

STUDENT-ATHLETE SPOTLIGHT



Kaitlin Russo

Sport: Women's Soccer

Position: Defense/Midfield

Class: 2018

Major: Psychology

Hometown: Staten Island,

New Yo<u>rk</u>

Junior Kaitlin Russo will graduate in May 2018 with a bachelor's degree in psychology and aspires to be a physical therapist because of her student-athlete experience at the College of Staten Island.

"Working alongside our athletic trainer and strength and conditioning coach reinforced my desire to pursue a career in physical therapy," said Russo. "I am able to experience firsthand how motivating the profession can be on a daily basis."

Russo was instrumental in CSI women's soccer's return to the CUNYAC Postseason Tournament and looks forward to their semifinal match-up vs. #3 Lehman at Brooklyn College on November 2 at 6:30 PM.

"Winning the CUNYAC Championship last year was an unbelievable feeling," Russo said. "To be in a position

to repeat as champions again this season is a testament to the work ethic of our entire team and coaching staff."

Like many of her student-athlete peers, Russo notes that the athletic administration has successfully created a family atmosphere within the student-athlete community. Russo also believes that the athletics department has emphasized the importance of facility enhancements and recognizes that the condition and reputation of its athletic facilities are vital to the recruiting process.

"From day one my freshman year, it felt like everyone could not wait for me to be a part of the CSI Athletics family" said Russo. "In my three years on campus, our facilities have improved every year and our administration is dedicated to providing the best resources possible to maximize our potential as student-athletes."



Your generous support of The Dolphin Fund plays an integral role in our efforts to provide an elite student-athlete experience.

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