

October 2017

Dear Dolphin Fans,

Happy October! We are currently approaching championship season for our fall sports teams and we have three teams, women's soccer, volleyball, and cross country fighting for a CUNYAC Conference Title. I would like to say congratulations to our women's soccer team and women's tennis team, as I am thrilled to announce that they both finished at the top of the CUNYAC standings during the regular season. This Wednesday, November 1, 2017 our women's soccer team will take on CCNY in the semifinals, set to begin at 3pm on our home field. As we enter championship season, we are honored to be hosting the CUNYAC soccer finals on our campus, Saturday, November 4, 2017. The championship game for the women will start at 11:30am, and the men will follow at 2pm.

I would like to take this time to provide a recap of our alumni swim meet that took place last weekend on Saturday, October 21, 2017. It is always a pleasure to welcome back alumni and see them appreciating where they came from, while also giving back to the current team. We had 15 alumni come back and participate in the event, but in the end it was our current team that came out on top. The current Dolphins won 9 out of 14 individual events, while the alumni took the lone relay event. The alumni meet is always a tune-up for the current Dolphins team as they prepare to open their regular season this weekend against Mount Saint Mary College.

As mentioned in last month's newsletter, our women's basketball team will be hosting Wagner College at 7pm on Monday, November 20, 2017. The College of Staten Island is happy to share that they have partnered with the 30,000 Degrees program on Staten Island, to bring awareness to a borough-wide effort to increase the number of college graduates with a bachelor's degree or higher by 30,000, by the year 2025. We will be hosting a VIP pregame tailgate, set to begin at 5:30pm. Admission into the tailgate is \$50 when bought in advance through Eventbrite, and \$60 if you wait to purchase your ticket at the door. Each ticket includes admission into the game, beer & wine, and food. We hope to see many of you there, so please check out the Eventbrite page and purchase a ticket soon!

Looking forward to basketball season, we have a few important dates to point out. Our Student Athlete Advisory Committee (SAAC) has decided to partner with local food drives on Staten Island, and will be collecting food donations as admission to the women's home game against New Rochelle on November 18, 2017. You are encouraged to bring a canned food item to donate, and that will count as your admission into the game. In December, SAAC will be collecting toys to donate to Toy for Tots on November 29, December 9 and December 12. We are always proud to see our student athletes helping out in the community as they make a positive impact on Staten Island.

As always, thank you for your continued support of CSI Athletics! Financial support is necessary to enhance our program and the student-athlete experience. I hope that you will consider giving to benefit an individual sport, or the larger athletic program as a whole! I hope to see you at a Dolphin home game soon!

Go Dolphins!

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Charles Gomes Director of Athletics, College of Staten Island

STUDENT-ATHLETE SPOTLIGHT



Tristiana Adragna

Sport: Women's Cross Country/ Tennis Class: 2019

Major: Psychology (Pre-Physical Therapy) **Hometown:** Staten Island, New York Sophomore Tristiana Adragna, has been playing tennis since she was 7 years old and has been running since the age of 10. "When thinking about college, I never thought I would get the opportunity to continue playing both sports while also being able to maintain a respectable GPA," says Tristiana. "But then I looked at CSI and knew that I would be able to continue my athletics, and receive a stellar education, while still being close to home." To Tristiana, CSI was the perfect fit.

Tristiana is in her second year of the Macaulay Honors College, majoring in psychology (pre-physical therapy.) "I have learned that time management is the most important factor in being able to balance my academic responsibilities, as well as my athletic commitments."

When Tristiana is not playing tennis or running, she finds time to volunteer at a private practice physical therapy office, as well as different nursing homes on Staten Island.

"I enjoy volunteering and giving back to my community," says Tristiana, "I like that I am able to help others while also gaining experience and knowledge that will help me reach my goal of being a physical therapist."

This season Tristiana has helped her tennis team finish the regular season at the top of the CUNY standings board, and has a great chance to win the CUNY Championship for the first time since 2014. "I am so proud of how the team has done this year, and no matter the outcome I know that we gave our best."

If there is one thing Tristiana wished for during her experience as a Dolphin it is that, "more people would recognize our program and take the time out to notice all the positive changes that are taking place," says Tristiana, "I want to thank everyone who donates to our program because we wouldn't have such a great student- athlete experience without them."



Your generous support of The Dolphin Fund plays an integral role in our efforts to provide an elite student-athlete experience.

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