

Self Care: Compassion Fatigue and Burnout Prevention

LIVE VIDEO WEBCAST Friday, May 5, 2023

Webcast Information

Eastern Time

Session One: 10:30am -12:00pm

-or-

Session Two: 2:00pm – 3:30pm

To Register:

Session One: [CLICK HERE](#)

-or-

Session Two: [CLICK HERE](#)

Hosted by Office of Academic Affairs, College of Staten Island/CUNY

NO CE Credit Available

Outline

Compassion Fatigue
Symptoms
Burnout Prevention
Stages of Burnout
Interventions
For work
Physical
Psychological
Emotional
Personal
Boundaries
Emotional
Physical
Mental

Speaker



Christina Reese, LCPC, PhD, has been working with children impacted by trauma and their families for the last 20 years. She is a licensed clinical counselor in Maine, Maryland, and Pennsylvania and is a licensed clinical supervisor. Dr. Reese is an internationally recognized trainer for mental health professionals in creating Trauma-Informed Schools, working with Mental Health in the Classroom and Attachment and Trauma in Children. She is a TBRI practitioner and owns Felicity Counseling Services. Dr. Reese authored the books *Attachment, Puzzle Pieces, The Attachment Connection, Trauma and Attachment, The Socially Confident Teen, and Leveling Up*.

Speaker Disclosure:

Financial: Dr. Christina Reese is the owner of Felicity Counseling Services, LLC. She has employment relationships with Sheppard Pratt and Envision. Dr. Reese receives royalties as a published author. She receives a speaking honorarium, recording royalties, and book royalties from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Dr. Christina Reese is a Trust-Based Relational Intervention practitioner and trainer.

