

# Well-Being in Academia: Promoting Awareness and Developing Skills for Managing Mental Health with Students and Faculty

**LIVE VIDEO WEBCAST** Friday, May 12, 2023

## Webcast Information

### Eastern Time

Session One: 10:30am -12:00pm

-or-

Session Two: 2:00pm – 3:30pm

### To Register:

Session One: [CLICK HERE](#)

-or-

Session Two: [CLICK HERE](#)

**Hosted by Office of Academic Affairs,  
College of Staten Island/CUNY**

*NO CE Credit Available*

Please join me for a training day that will improve your understanding of several mental health disorders, and how we can easily adapt instruction and interactions to improve long-term achievement across the board.

You will become well-versed in recognizing how anxiety, depression, ADHD, and other mental health concerns can look and negatively impact your instructional space. Let's build a practical and evidence-based skills toolbox for communicating with our students, easily adapting instructional goals to meet needs, and effectively teaching a variety of populations in spite of the interference of mental health concerns.

### Outline

How can we be aware of mental health issues that can impact performance and attendance in training facilities and post-training placement?

Common mental health issues in our populations, and when we should be asking for outside support.

- Anxiety
- Obsessive-Compulsive Disorder
- Posttraumatic Stress Disorder
- ADHD
- Depressive Disorders
- Personality Disorders
- Substance Abuse and Dependency

## Speaker

**Jennifer Wilke-Deaton, MA, LPA**, is a licensed behavioral health therapist working in a private practice setting in Richmond, KY. Jen has more than 20 years of experience working with crisis management, psychological testing, inpatient/outpatient treatment, groups, families, and the court system. A tireless and passionate advocate for children and families, she developed a parent training program recognized by the Governor's Commission for the Treatment of Children & Families and Kentucky's Child Protective Services.

Jen helped create a regional children's crisis stabilization unit, children's advocacy center, and an intensive after-school program for behaviorally challenged youth. She has published numerous books and media products, including *Parenting Better Children: An 8 Week Skills Training Guide To Reach, Teach & Empower* (PESI, 2014), *Awareness In Focus: Modern Guided Imagery Techniques for Immediate Practice* (CD Baby, 2016), *Awareness in Focus By Kids For Kids: Modern Guided Imagery Activities for Immediate Practice* (CD Baby, 2013), and *The Mandala Workbook: Activities Across the Lifespan* (Media Integrated Applied Psychology, 2013).

#### Speaker Disclosure:

**Financial:** Jennifer Wilke-Deaton has employment relationships with the University of Kentucky and Hundley Psychological Services. She receives compensation as a guest speaker. Jennifer Wilke-Deaton receives a speaking honorarium and recording royalties from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

**Non-financial:** Jennifer Wilke-Deaton has no relevant non-financial relationships.

