

Grief in a Changed World: Treatment Strategies for Traumatic, Anticipatory and Unattended Grief

LIVE VIDEO WEBCAST Wednesday, May 10, 2023

Webcast Information

Eastern Time

Session One: 10:30am -12:00pm

-or-

Session Two: 2:30pm – 4:00pm

To Register:

Session One: [CLICK HERE](#)

-or-

Session Two: [CLICK HERE](#)

Hosted by Office of Academic Affairs, College of Staten Island/CUNY

NO CE Credit Available

Outline

Identify the problem(s)

Loss/Depression/Loneliness/Disconnection

Trauma and the Brain

Storytelling Narrative Therapy

Newer Models of Mourning: Continuing Bonds

NT Interventions

Shattered Vase Exercise - plant the seeds of possibility

Creating narratives

Letter writing

Expressive and Somatic Therapeutic

Interventions To Cultivate Post-Traumatic Growth

Existential Shattering: Crisis of faith/belief/ Spirituality

Speaker



Rita Schulte, LPC, is a licensed professional board-certified counselor. She received her B.S. in psychology and a master's degree in counseling from Liberty University in Lynchburg, Virginia. Rita has a private practice in Fairfax where she specializes in the treatment of eating disorders, anxiety/depressive disorders, as well as grief, loss, and trauma. In April 2011, she launched Heartline Podcast where she talks with top leaders in the Christian counseling and literary world about cutting edge issues affecting the hearts and lives of people today. She also airs a 1-minute devotional spot *Consider This* coming to KLZ radio this fall. She is the author of several books: *Shattered: Finding Hope and Healing through the losses of Life, Imposter, Think This not That* and forthcoming in 2021, *Surviving Suicide Loss: Making Your Way Beyond the Ruins* (Moody Publishers). Rita is a speaker for PESI, ACA, AACC, and many other organizations.

Speaker Disclosure:

Financial: Rita Schulte receives royalties as a published author. She receives a speaking honorarium, recording, and book royalties from Psychotherapy Networker and PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Rita Schulte is a member of the American Association of Christian Counselor's and the American Counseling Association.

