

Employee Benefits & Wellness Fair



Date: **WEDNESDAY,
OCTOBER 2, 2024**

Time: 11 AM - 2 PM

Location: Building 1P, Atrium

- **FREE** Flu Shots
- Social Security Administration
- Emblem GHI CBP/ HIP HMO
- MetroPlus
- Blood Pressure Readings
- Delta Dental
- T-Mobile
- YMCA
- MCU
- DCP (457) Plan
- TIAA
- TRS
- and more...



Sponsored by:
The Office of Human Resources

Breakout Seminar
Mindfulness Meditation
at 12PM in 1P-116

