

Welcome Back to the Spring 205 Semester! CSI's IM & REC Sports Programming has been updated on www.csidolphins.com, ready for viewing and registration!

Open Rec Sports Starts on Monday, February 3rd! This includes open gym times for Basketball and Volleyball. Check out our **IM & REC Monthly Calendar HERE** for everything happening and offered in the Sports & REC Center (1R) for February! (Building 1R - HOME OF THE DOLPHINS!).

Upcoming Sports Tournaments: *The first wave of IM Sports Tournaments begins in early March! Pre-registration is preferred for ALL of our Spring 2025 Sports Tournaments, click HERE to view dates and to start registering yourself, or a team. (NOTE: ALL TEAM MEMBERS MUST be current CSI Students or Staff).*

Upcoming Special Events: On **Thursday (Tomorrow) January 30, IM & REC will be in 1C from 12 PM - 4 PM**, visit our table to find out more about IM & REC and building 1R, **while visiting, play RAFFLE TICKET PLINKO, for a chance to win a \$25 Amazon Gift Card!** Then on **Wednesday, February 19**, we are collaborating with **Health & Wellness Services** to bring you a **LIVE Wellness BINGO Event from 12:30 pm-2 PM in the 1C-Rotunda!** Please view our **Special Events** web page for more special events and details!

Lastly, IM & REC currently offers the following competing Sports Clubs: Cheerleading/Stunt, Women's Bowling, Women's Flag Football, Esports, and a Dance Team! Interested in joining? Please email salvatore.caruso@csi.cuny.edu.

Faculty/Staff - *If your department/office would like a poster for IM & REC to be placed in your area please reach out privately and I will be happy to visit your office and personally hand you a poster. Thank you for your support!*

Students - *Please reach out or visit me in the office, 1R-204C during the semester for additional information on ALL IM & REC Events!*

The most up-to-date information can always be found at www.csidolphins.com (Under the RECREATION TAB)