## Learn How To Nurture Your Mind, **Love Your Heart & Live Well!**



## ON:

Thursday May 1, 2025 1:00 PM - 5:00 PM



## AT:

College of Staten Island, Sports & Recreation Center (Bldg 1R), 2800 Victory Blvd. SI 10314

**CSI CAMPUS MAP LINK** 

**Blood Pressure** Screenings, EKGs, **CPR Training**, **Healthy Lifestyle** Education, and More!

## **FREE**

**Food Tastings** 

**Blood Sugar & Cholesterol Testing** 

Yoga

**Dental Screening** 

**NARCAN Training & Kits** 

**Mental Health Resources** 

For more information on SI CLIP scan QR code below



Call, Text 929.321.0119

May is Mental Health **Awareness Month!** 

Free Haircuts, Giveaways & Raffles



























Staten Island University Hospital

**Northwell** 









