

CSI's IM & REC Sports Programming: Week 3!

For the latest updates, registration, and more, visit www.csidolphins.com.

Open Rec Sports Continues! This includes Open REC Hours for Basketball and Volleyball, and now features Open REC Flag Football Runs! (On the Turf Field (Middle of Track) on Thursdays & Fridays! Until October 3rd! From 2:30-4 PM! In addition, Open Lap Swim starts this week, every Tue, Wed & Thur from 10 AM - 2 PM.

Check out our [IM & REC Monthly Calendar HERE](#) for everything happening and offered in the Sports & REC Center (1R) for September! (Building 1R - HOME OF THE DOLPHINS!).

Upcoming Sports Tournaments: Our first set of tournaments STARTS THIS WEEK, featuring a **1v1/3-Point Contest** and a **3v3 Basketball tournament**, scheduled for **September 16 (TOMORROW) & September 19 (Friday)**, respectively.

Pre-registration is preferred for ALL of our Fall 2025 [Sports Tournaments](#).

Click [HERE](#) to view dates and to start registering yourself or a team.

(NOTE: ALL TEAM MEMBERS MUST be current CSI Students or Staff).

Upcoming Special Events: TBA...

Please visit our [Special Events](#) web page for more information about upcoming events and details.

Lastly, IM & REC currently offers the following competing Sports Clubs: [Cheerleading](#), [Women's Bowling](#), [Women's Flag Football](#), [Esports](#), and a [Dance Team](#)! Interested in joining?

Please email salvatore.caruso@csi.cuny.edu.

Faculty/Staff - *If your department/office would like a poster for IM & REC to be placed in your area, please reach out privately, and I will be happy to visit your office and personally hand you a poster (If you have one from last semester, the QR codes still work!) Thank you for your support, and as always, if you want to collaborate on an event, please reach out!*

Students - *Please reach out or visit me in the office, 1R-204C, during the semester for additional information on ALL IM & REC Events!*

The most up-to-date information can always be found at www.csidolphins.com (Under the RECREATION TAB)