

CSI's IM & REC Sports Programming: Week 7! For the latest updates, registration, and more, visit www.csidolphins.com. Though today is a Monday Class schedule. Please note IM/REC Programming is still ongoing!

Open Rec Sports Continues! This includes *Open REC Hours for Basketball and Volleyball, and Open LAP Swim HOURS*. ***This week, please NOTE, there will be NO OPEN REC BASKETBALL OR REC FACILITIES AVAILABLE IN 1R ON FRI & SAT. October 17-18, respectively, as Building 1R will be CLOSED.***

Check out our **UPDATED IM & REC Monthly Calendar HERE** for everything happening and offered in the Sports & REC Center (1R) for OCTOBER! (Building 1R - HOME OF THE DOLPHINS!).

Upcoming Special Events: is our ***Health & Wellness LIVE BINGO, TODAY in the 1C Rotunda, from 1 pm - 2 pm. BINGO winner to receive \$25 Gift Card!***

Please visit our **Special Events** web page for more information about upcoming events and details. ***Students vs Faculty/Staff Game Dates TBA next week!***

Upcoming Sports Tournaments: Our next tournament is a 5v5 Indoor Soccer tournament. Day 1 is scheduled for ***Friday, Oct 31, 5:30 PM START*** in the Aux Gym (1R). ***Pre-registration is preferred for ALL of our Fall 2025 Sports Tournaments.***

Click ***HERE*** to view dates and to start registering yourself or a team.

(NOTE: ALL TEAM MEMBERS MUST be current CSI Students or Staff).

Lastly, IM & REC currently offers the following competing Sports Clubs: Cheerleading, Women's Bowling, Women's Flag Football, Esports, and a Dance Team! Interested in joining?

Please email salvatore.caruso@csi.cuny.edu.

Faculty/Staff - If your department/office would like a poster for IM & REC to be placed in your area, please reach out privately, and I will be happy to visit your office and personally hand you a poster (***If you have one from last semester, the QR codes still work!***) Thank you for your support, and as always, if you want to collaborate on an event, please reach out!

Students - Please reach out or visit me in the office, 1R-204C, during the semester for additional information on ALL IM & REC Events!

The most up-to-date information can always be found at www.csidolphins.com (Under the RECREATION TAB)