

CSI's IM & REC Sports Programming: Week 15! For the latest updates, registration, and more, visit www.csidolphins.com (Under RECREATION TAB)

Open Rec Sports: *Though this will be the FINAL week of IM & REC Programming!* This week, [Open REC Basketball and Volleyball OPEN Regular HOURS](#), along with [Open LAP Swim HOURS](#). **Both, Open REC Sports & Swim OVER AFTER THIS WEEK.** Check out our [UPDATED IM & REC Monthly Calendar HERE](#) for everything happening and available at the Sports & REC Center (1R) in DECEMBER! (Building 1R - HOME OF THE DOLPHINS!)

***Building 1R HOLIDAY HOURS INFO:** *Our REC Facilities, including the Weight, Cardio, Intra-FIT, and Peloton Bike room(s) ONLY, will be OPEN during FINALS WEEK, 12/15/2025-12/19/2025, normal times of 10 am-6 pm.*

Building 1R will be CLOSED from 12/20/2025 to 1/5/2026. 1R January Building hours TBD.

Upcoming Sports Tournaments/Special Events: *Will be back for Spring 2026!*

Lastly, IM & REC currently offers the following competing Sports Clubs: [Cheerleading](#), [Women's Bowling](#), [Women's Flag Football](#), [Esports](#), and [a Dance Team](#)! Interested in joining?

Please email salvatore.caruso@csi.cuny.edu.

Faculty/Staff - *If your department/office would like a poster for IM & REC to be placed in your area, please reach out privately, and I will be happy to visit your office and personally hand you a poster (If you have one from last semester, the QR codes still work!) I appreciate your support, and as always, if you want to collaborate on an event, please reach out!*

Students - *Please reach out or visit me in the office, 1R-204C, during the semester for additional information on ALL IM & REC Events!*

The most up-to-date information can always be found at www.csidolphins.com (Under the RECREATION TAB)