

**CSI's IM & REC Sports: Week 9 Programming** at [www.csidolphins.com](http://www.csidolphins.com) is ready for viewing and registration.

**\*\*Please note ALL events are subject to change at any time\*\***

**Open Rec Sports Continues...** This includes Open REC Hours for Basketball, Volleyball, and Swim (Open LAP SWIM is on Wed, Thur & Fri. From 10 am-2 pm). **OPEN REC FLAG FOOTBALL RUNS FINAL DAY THIS THURSDAY! 2:30 PM on the Turf Field (middle of track) (Please note if it is raining, this event will NOT happen). Flag tournament is on April 16!**

Check out our **IM & REC Monthly Calendar HERE** for everything happening and offered in the **Sports & REC Center for MARCH 2026 (Building 1R - HOME OF THE DOLPHINS!)**

**Upcoming Sports Tournaments:** Coming up are **TWO** Basketball events! First, we will host our **1v1 Basketball AND 3-Point Contest on Tuesday, March 24, 2:30 PM START**, then our **5v5 Basketball Tournament will be on Friday night (March 27), with a 6:30/7 PM LATEST START TIME**. BOTH events are in the Aux Gym (1R).

**Pre-registration is preferred AND encouraged for ALL of our SPRING 2026 Sports Tournaments.**

Click **HERE** to view dates and to start registering yourself or a team.

**(NOTE: ALL TEAM MEMBERS MUST be CURRENT CSI Students or Staff).**

**Upcoming Special Events: SAVE THE WEEK! Spirit Week is April 19-April 25!** Stay tuned for more details as we get closer! Please visit our **Special Events** page for details and information.

**Lastly, IM & REC currently offers the following competing Sports Clubs: Cheerleading, Women's Bowling, Women's Flag Football, Esports, and a Dance Team! Interested in joining?** Please email [salvatore.caruso@csi.cuny.edu](mailto:salvatore.caruso@csi.cuny.edu) for more.

**Faculty/Staff** - If your department/office would like a poster for IM & REC to be placed in your area, please reach out privately, and I will be happy to visit your office and personally hand you a poster **(If you have one from last semester, the QR codes still work!)** I appreciate your support, and **as always, if you want to collaborate on an event, please reach out!**

**Students** - Please reach out or visit me in the office, 1R-204C, during the semester for additional information on ALL IM & REC Events!

**The most up-to-date information can always be found at [www.csidolphins.com](http://www.csidolphins.com) (Under the RECREATION TAB)**