

WOW



WORLD ON WEDNESDAY

LECTURE SERIES VIA ZOOM

Fall 2026

THE CITY UNIVERSITY
OF NEW YORK
**College of
Staten Island**

Zoom Meeting

ID: 810 7341 7879

Passcode: 2800

October 7

12:20–1:10pm

My Teaching Experience in Korea

Miye Kwon, Visiting Scholar from Korea

Ms. Miye Kwon is part of the CSI Visiting Scholars Program from South Korea. She will share her insights about her teaching experience in Korea.

October 14

9–10am and
12:20–1:10pm

Filipino Nurses' Migration to the US and their Impact on Healthcare

Karen Arca-Contreras, Nursing

Dr. Karen Arca-Contreras, DNP, RN-BC Associate Professor of Nursing and Success Coaching Program Coordinator and Dr. Randella Sasa, Assistant Director of Nursing Programs and Associate Professor from Bronx Community College, will speak about migration of Filipino nurses to the United States. The Filipino nurses is one of the most significant examples of skilled labor migration in the world. For more than a century, Filipino nurses have played a vital role in strengthening the U.S. healthcare system while contributing to the economic well-being of their families and communities in the Philippines. They work in specialties such as critical care, emergency medicine, intensive care, and public health organizations.

October 21

12:20–1:10pm

USA 1776 – Haiti 1804: Two Bourgeois Revolutions

Philippe Marius, Anthropology

Dr. Marius of the Anthropology Department leads a historical exploration of the revolutionary era that reshaped the Atlantic world. Beginning with the American Revolution (1775–1783), the French Revolution (1789–1799), and the Haitian Revolution (1791–1804), this lecture examines the political and social connections between these transformative events. He will explore how the United States' declaration of independence in 1776, France's abolition of slavery in 1794, and Haiti's emergence as the world's first independent Black republic in 1804 challenged existing systems of power while revealing the enduring contradictions between the ideals of liberty and the institution of slavery. The discussion also considers how the legacies of these revolutions continue to shape conversations about democracy, race, and equality today.

October 28

12:20–1:10pm

A Happiness Toolkit: Global Practices to Sweeten the Teacup of the Mind

Raja Krishnaswami, Chemistry

In a world marked by constant change, uncertainty, and increasing demands on our time and attention, stress and anxiety have become part of everyday life. This presentation explores a practical toolkit of evidence-based practices shown to support emotional well-being and improve overall mood. Drawing on global research, participants will learn about the benefits of mindfulness, gratitude, physical activity, meditation, laughter, shinrin-yoku (forest bathing), and music, and how these simple, accessible practices can help build resilience and promote greater balance in daily life.



The **World on Wednesday** lecture series is sponsored by the **Center for Global Engagement** and each lecture is a **CC Clue Event**.

Please contact Winnie Brophy at winnie.brophy@csi.cuny.edu if you have any questions or you would like to present at a future lecture.

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