

CSI's IM & REC Sports Programming continues with Week 8! Please view our attachments, find us on Instagram ([csi_intramurals](#)) OR visit www.csidolphins.com, for more information and to register for our tournaments, special events and more! ****Please note, all events are subject to change at any time****

Open Rec Sports Continues! This includes our regularly scheduled Open REC Hours for Basketball & Volleyball (**See attached Calendar**).

****Please Note:** it has been confirmed that there will be **NO OPEN LAP SWIM THIS SEMESTER.**

Be sure to view our **IM & REC Monthly Calendar HERE** or attached, for everything happening and offered in the Sports & REC Center (1R) DAILY for the month of **OCTOBER 2026.**

(Building 1R - HOME OF THE DOLPHINS!)

Upcoming Sports Tournaments: **5v5 Indoor Soccer and 6v6 Co-Ed Volleyball Tournaments Coming soon!**

Pre-registration is preferred AND encouraged for ALL of our FALL 2026 Sports Tournaments.

Click **HERE** to view dates and to start registering yourself or a team

(Those registering themselves, will be randomly placed on a team for tournament day).

(ALSO NOTE: ALL TEAM MEMBERS MUST BE CURRENT CSI Students or Staff ONLY).

Upcoming Special Events: **Students vs. Faculty/Staff** Sports, featuring **Basketball & Dodgeball this Fall.** PLUS, we have **THREE LIVE IN-PERSON BINGO COLLABORATED EVENTS** with the **Career Center (WHICH IS NEXT WEEK ON Oct. 29, SEE ATTACHED FLYER), Health & Wellness and the Center for Global Engagement**, all coming up this Fall!

PLUS, in partnership with Health & Wellness, THIS WEDNESDAY, OCTOBER 21, in the GDL (1C), starting at 2:30 PM will be an Empowerment Self Defense 101 Workshop! PG Clue Credited! Be sure to take advantage of this opportunity to learn basic ways to defend yourself when absolutely necessary. (See attached FLYER for more!)

Please visit our **Special Events** web page for more information about upcoming events, dates, time, locations, and more!

Lastly, **IM & REC** currently offers the following competing Sports Clubs: **Cheerleading, Women's Bowling, Women's Flag Football, Esports, and a Dance Team!** Interested in joining? Please email salvatore.caruso@csi.cuny.edu for more info.

Faculty/Staff - Please assist in promoting our programs and as always, *Thank YOU for your support!*

Do not hesitate to reach out if you would like to collaborate on an event.

Students - Please reach out, call, email or visit me (Sal) in the office, 1R-204C, during the semester for additional information on ALL IM & REC Events!

PLEASE NOTE: The most up-to-date information can always be found at www.csidolphins.com (Under the RECREATION TAB)

Best,

Sal Caruso
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